

Facilitating Grief Groups With K-12 Youth



Trainer:

Regina Siez

Licensed Clinical Social Worker

September 15, 2023 ~ 8:30 a.m. – 2:00 p.m.

The U.S. Census Bureau estimates that 1 in 10 children will experience the death of a parent by the age of 18. Schools and youth-serving organizations need to be prepared to offer support to children dealing with grief.

My Journey workbooks include eight chapters designed to be completed in a 8-10 week format covering the following topics: Feelings, Beliefs, My Story, Changes, Balance, Connections and Memories. In this training participants will learn to facilitate small group sessions with youth who have experienced losing a loved one and help guide them through the stages of grief.

LEARNING OBJECTIVES:

- Common Reactions - Stages of Grief (Kubler-Ross)
- Myths about Children and Grief
- My Grief Rights: Ten Healing Rights for Grieving Children (Wolfelt)
- Knowledge of loss according to developmental stage
- Tips on talking to elementary, middle and high school youth

Who should attend this training?

School Social Workers, School Counselors, School Psychologists, Mental Health Professionals, and Behavioral Support Staff

Cost:

\$350.00 per person for cost recovery, (No refunds for no-shows). Registration fee includes all training materials, one complete set of My Journey curriculum.

Check-in starts at 8:00 a.m.

Location: Will be sent upon registration.

REGISTER At: <http://kern.k12oms.org/1515-235148>

Registration Deadline: September 12, 2023

Contact: Jeffrey Coggan (661) 636-4025 or
jecoggan@kern.org

Participants will be billed unless cancellation notice is received within two days of the event.

