The Change Companies®, publisher of the Forward Thinking cognitive-behavioral series of journals that assist youth in making positive changes to their thoughts, feelings and behaviors, is offering a two-day implementation training for those currently facilitating, or planning on facilitating Interactive Journaling® in their program.

**Learning Objectives:**
1. Describe the Forward Thinking Interactive Journaling® System.
2. Present foundational principles and theoretical underpinnings that support the use of journaling as an effective behavioral change strategy.
3. Demonstrate effective methods to implement Forward Thinking to support at-risk teens.
4. Practice the most powerful facilitation techniques for using Forward Thinking Interactive Journaling® with youth.

**Who should attend this training?**
School staff, counselors, school psychologists, school social workers, mental health providers, community-based agency staff working with at-risk adolescents, and law enforcement partners.

**Cost:**
$350 per person. Registration fee includes training materials and starter set of Forward Thinking materials.

**Lunch is on your own.**

**Location:**
Will be sent upon registration.

**Questions?**
Contact Jeffrey Coggan at (661) 636-4025 or jecoggan@kern.org

**REGISTER ONLINE:**
http://kern.k12oms.org/1515-235225
Registration Deadline: January 15, 2024