

TRAUMA INFORMED PRACTICES SERIES

This three-day workshop series is designed to provide teachers with foundational knowledge, tools, and strategies needed to create trauma-informed classrooms. With the high rates of trauma and chronic stress in our communities, understanding and addressing the impact of trauma on students is necessary to create safe and inclusive learning environments where even our most vulnerable students can thrive.

October 17th, 2024
November 7th, 2024
December 12th, 2024

\$375

LER 204 (October & November)
LER 101 (December)

8:00 AM - 3:00 PM

FOR INFORMATION:
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Day 1: Foundations of Trauma-Informed Practices

Understand the impacts of trauma on students, their brain, and their behavior.

Day 2: Cultivating Resilience and Self-Care

Explore the concept of co-regulation and the role it plays in help regulate the emotions of disregulated students.
Acknowledge and plan for the challenges of being an educator in today's world

Day 3: Trauma Informed Strategies in the Classroom

Educators will learn practical strategies to integrate trauma informed practices into their classroom upon returning to their site. Educators will learn how to maintain boundaries and administer consequences while providing students with relational support.