

Aggression Replacement Training (A.R.T.) Facilitator Certification Course



LOCATION:

Will be sent upon registration

TRAINER:

Jose Quintero
Certified A.R.T. Trainer

December 5-6, 2024 / 8:00 am - 4:00 pm

Aggression Replacement Training (A.R.T.) is an evidence-based intensive ten-week social-skills program in which youth attend one-hour group sessions three times per week. In these sessions, participants gain tools that allow them to solve problems, make decisions, and interact positively in social situations.

The A.R.T. curriculum consists of three components: Skill streaming (the behavior Component), Anger Control Training (the emotional component), and Moral Reasoning (the values component).

The Kern County Superintendent of Schools is offering a two-part implementation training for new facilitators on the Aggression Replacement Training curriculum.

LEARNING OBJECTIVES:

Participants will know the theoretical and empirical underpinnings for:

- Skill streaming component and how to facilitate Skill streaming groups;
- Anger Control component and how to facilitate Anger Control groups;
- Moral Reasoning component and how to facilitate Moral Reasoning groups.

Who should attend this training? Mental Health Staff, Behavioral Support Staff, School Psychologists, School Counselors, School Social Workers, Probation Officers, Opportunity Class Teachers, Community School Teachers and Non-Profit Agency Staff

Cost: \$550 per person for cost recovery, (No refunds for no- shows). Registration fee includes all training materials, supplemental materials and visuals, 2- day clinical training, and a 1-day booster training (6 months after the initial training).

Space is limited to 25 people

Light snack will provided,

Lunch is on your own.

Registration begins at 7:30 a.m.

Register by December 3, 2024 at <http://kern.k12oms.org/1515-250867>

For questions, contact Jeff Coggan (661) 636-4025 or jecoggan@kern.org

Participants will be billed unless cancellation notice is received within two days of the event.