

Forward Thinking Interactive Journaling® Facilitator Training



Presented By:

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January 16-17, 2025 • 8:00 AM-5:00 PM

The Change Companies®, publisher of the Forward Thinking cognitive-behavioral series of journals that assist youth in making positive changes to their thoughts, feelings and behaviors, is offering a two-day implementation training for those currently facilitating, or planning on facilitating Interactive Journaling® in their program.

Learning Objectives:

1. Describe the Forward Thinking Interactive Journaling® System.
2. Present foundational principles and theoretical underpinnings that support the use of journaling as an effective behavioral change strategy.
3. Demonstrate effective methods to implement Forward Thinking to support at-risk teens.
4. Practice the most powerful facilitation techniques for using Forward Thinking Interactive Journaling® with youth.

Who should attend this training?

School staff, counselors, school psychologists, school social workers, mental health providers, community-based agency staff working with at-risk adolescents, and law enforcement partners

Cost:

\$350 per person. Registration fee includes training materials and starter set of Forward Thinking materials.

Lunch is on your own.

Location:

Will be sent upon registration.

Questions?

Contact Jeffrey Coggan at (661) 636-4025 or jecoggan@kern.org

REGISTER ONLINE:

<http://kern.k12oms.org/1515-252496>

Registration Deadline: January 14, 2025